

Military OneSource Program Participant Statement of Understanding

You have been referred by Military OneSource for an assessment and/or short-term, non-medical counseling services which are provided at no cost to you to address a specific non-medical issue within twelve (12) sessions. Please be on time for your appointments and provide at least 24 hours' notice if you are unable to keep an appointment.

Confidentiality

Information you provide to the Military OneSource counselor will be kept confidential, except to meet legal obligations or to prevent harm to self or others. Legal obligations include requirement of law, the Department of Defense or military regulations. Harm to self or others includes suicidal thought or intent, a desire to harm oneself, domestic abuse, child abuse or neglect, violence against any person, and any present or future illegal activity.

Military OneSource counselors are not authorized to receive a domestic abuse or sexual assault restricted report. If the person receiving counseling requests restricted reporting pursuant to domestic abuse or sexual assault, the Military OneSource counselor will transfer the person to a specified individual who is authorized to receive a restricted report in the respective Military Service according to Department of Defense policy.

A written and electronic record (date, time, nature of meeting) of your contact with the Military OneSource counselor will be maintained in a secure manner. Access to your record will not be given to anyone outside of Military OneSource, except as previously stated. Record audits may be conducted by the Department of Defense for the purpose of program administration and quality assurance and those audits will not include access to any of your Personally Identifiable Information (PII) or Protected Health Information (PHI). To access your file, contact Military OneSource.

Counseling for Children

- **Individual counseling for children less than 13 years of age may not be provided through Military OneSource. However, these children can be included in family counseling.**
- **Children under the age of majority must have signed parental/guardian consent and parent or guardian must attend first session.**

There is no cost to you for counseling services through Military OneSource. However, if your issue is beyond the scope of counseling provided through Military OneSource, a referral will be provided using your military health care or other insurance benefits. It is your responsibility to verify that your insurance will cover the cost of such therapy or other treatment or resources.

I hereby acknowledge that I have read this statement of understanding and understand its contents.

Signature of Client

Date

Signature of Parent or Guardian (if client is minor)

Date

Signature of Counselor or Witness

Date